

Battlefield 5 – Leader’s Guide

Positive Thoughts

- 1. What are some of the benefits of positive thinking? (Good health, enjoying life more, more success, fulfilling your potential.)**
- 2. When they neared the Promised Land, what did God tell Moses to do? (He told Moses to send out 12 spies to explore the land, bring back a report.)**
- 3. What were the spies supposed to discover? See Numbers 13:18-20. (They were to see if the land was fertile or not, if there were many or few people, if the people were strong or weak, if the towns had walls or not. They were to bring some of the crops back.)**
- 4. Describe the negative thinking of 10 spies. How did it affect the community? (They said that the land was full of giants; they felt like grasshoppers. The cities were too strong. They said taking the land would be impossible. Their negative attitude spread; the whole community got discouraged, wept out loud, and cried all night.)**
- 5. Describe the positive thinking of Joshua and Caleb. (They said they could certainly conquer the land. They had faith in God. They believed God had more power than the giants.)**
- 6. What happened to the 10 negative spies? (They didn’t succeed in life. None of them got to enter the Promised Land.)**
- 7. What kind of things should we think about according to Philippians 4:8? (Things that are true, right, pure, beautiful, admirable, excellent, praiseworthy.)**
- 8. What kind of thoughts do you have about yourself? (Answers will vary.)**
- 9. What kind of plans does God have for your future? See Jeremiah 29:11. (God has a future for you full of peace, well-being, hope, and good plans.)**
- 10. What should you do if you are bombarded by negative thoughts? See 2 Corinthians 10:5. (You should grab them, take them captive. Don’t let them continue! Replace the negative thoughts with positive ones.)**