

Be Salt and Light Leader's Guide

- 1. In the Sermon on the Mount, Jesus told his followers that they could impact their world. What 2 things did He compare them to? (He compared Christians to salt and light.)**
- 2. Why was salt valuable in Jesus' day? (They had no freezers or refrigerators. Salt was rubbed into meat/fish to keep it from rotting.)**
- 3. How should Christians be like salt that is rubbed into meat? (Christians should keep the culture from rotting and moral decay.)**
- 4. Salt makes food taste better and gives it flavor. What does this tell you about Christians? (Christians should give flavor to the world and have a positive influence.)**
- 5. Salt makes you thirsty. What does this tell you about Christians? (Christians should make others thirsty for a relationship with Jesus.)**
- 6. What happens to salt if it loses its saltiness? (It's useless and will be thrown out.)**
- 7. How can Christians stay "salty"? (They need to have courage and to keep standing up for truth. They need to hang out with people who help them stay pure. They need to stay away from music, movies, internet that steals their salt.)**
- 8. Jesus is the light of the world. What happens to us if we follow Him? (We won't walk in darkness. We'll be in kingdom of light. Jesus' light will be in us.)**
- 9. How is the world full of spiritual darkness? (It's full of evil. Many in the world don't know the true God.)**
- 10. Brainstorm some ways Christians can bring light to the world. (They can share Jesus with non-Christians. They can be loving and kind. They can do good – help poor, homeless, etc. They can forgive, be full of hope and faith.)**
- 11. How can Christians hide their light? (They may not tell others they're Christians. They may be fearful, lazy, and worry about what others think.)**
- 12. Are you staying salty? Are you having a positive effect on the world? Explain. (Answers will vary.)**
- 13. Are you hiding your light? If so, how can you stop doing this? (You can repent. Ask God for power to overcome fear, laziness, and people-pleasing.)**