

## Battlefield of the Mind 2 – Leader's Guide

1. The invisible war is between \_\_\_\_\_. (Good and evil, God and Satan.)
2. What 3 main weapons does Satan use against us? (He lies, accuses, and deceives, or tricks us.)
3. What weapons does God give us to fight the devil? (The Bible and prayer.)
4. The Bible says, "As he thinks in his heart, so is he." What does this mean? (Your thoughts determine who you will be and how you will act.)
5. Give some examples of negative thoughts. ("I'm stupid." "I'm ugly." "I'm a failure." "My life will never be better.")
6. Give some examples of positive thoughts. ("God loves me." "I love people and I enjoy helping them." "I can do whatever I need to do in life with God's help.")
7. How are our thoughts like trees? (They bear fruit. If we think good thoughts, the fruit of our lives will be good. If we think bad thoughts, the fruit of our lives will be bad.)
8. What does the phrase "Garbage in, garbage out" mean? (If you put garbage into your mind, it will influence your actions.)
9. What are some sources of garbage in our lives? (TV, Internet, porn, books, bad music.)
10. Why are some people afraid to think positively? (They may have been disappointed or hurt too many times.)
11. Why did Jesus come according to John 10:10? (To give us a satisfying, enjoyable life.)
12. How do you choose God's side in the invisible war? (By believing that Jesus died for your sins and asking him to forgive you.)
13. How can you become more positive as a person? (Face the fact that you've been negative. Make a quality decision to change. Ask God to help you change. Rely on God's help and Holy Spirit's power.)