

Battlefield 4 - Leader's Guide

1. What are some things people often worry about according to Matthew 6:25? (Food, drink, and clothing.)
2. What does Jesus mean when he says that “life is more than food and the body more than clothing”? See Matthew 6:25. (There are more important things in life than food and clothes. For example, we should love God, love people, and seek God's kingdom.)
3. What does Jesus teach about birds in Matthew 6:26? (Birds don't stress! They don't plant, harvest or store up food, and yet God feeds them.)
4. How do people compare to birds in God's eyes? (People are far more valuable than birds.)
5. Can worrying help you live longer? What does Matthew 6:27 mean? (No! Worrying won't even add a moment to your life! It wastes time and energy.)
6. What does Jesus teach about flowers? See Matthew 6:28-30. (God clothes flowers beautifully even though they only live a few days. He will certainly give clothes to people who are much more valuable than flowers.)
7. What is the main reason for worrying according to Matthew 6:30b? (Worry comes from a lack of faith. We don't believe God wants to help us!)
8. Where does God want us to focus: on the past, present, or future? (The present! God wants us to be NOW people.)
9. What does Jesus teach about worry in Matthew 6:34? (He teaches that we should take one day at a time. Today's problems are enough for today.)
10. In Matthew 7:9-11, Jesus compares God and parents. What do we learn about parents here? What do we learn about God? (Parents are sinners and can be bad, but they still give good gifts to their children. God is good; He's much better than parents! He will certainly give us good gifts if we ask Him!)
11. We have 2 choices in life- trusting ourselves or trusting God. What happens when we trust in ourselves? (If we trust in ourselves, we'll be anxious and fearful. We'll be like stunted plants.)

- 12. How does the Bible describe people who trust in God? See Psalm 1:3. (They are like trees planted by the river. They prosper, won't wither in hard times.)**
- 13. How do we get rid of anxiety according to Philippians 4:6-7 (We pray about our problems and give them to God. We thank God. He'll give us peace.)**
- 14. How do we get rid of anxiety according to 1 Peter 5:7? (We give our cares to God. We throw our problems at Him!)**