

Quiet Time Leader's Guide

- 1. How do we get to know a friend? (By spending time with him/her.)**
- 2. How do we get to know God? (By spending time with Him.)**
- 3. What sacrifices did Jesus make to spend time with God? (He gave up sleep. He got up very early in the morning.)**
- 4. What is a Quiet Time? What 2 things make up a Quiet Time? (A Quiet Time means spending time alone with God. A Quiet time consists of prayer and reading the Bible.)**
- 5. If we've never read the Bible, where should we start? (We should start with one of the Gospels – Matthew, Mark, Luke, or John.)**
- 6. How much should we read each day? (We should read a small amount – perhaps 5 or 6 verses, but we should read it over several times.)**
- 7. What three things should we look for in a Bible passage? (We should look for the general background, the main idea, and the application – what the story teaches that we can apply to our lives.)**
- 8. Why do we read the Bible? (We read the Bible to get to know God and how He thinks. We also read it to change our lives.)**
- 9. What is the main idea in the story where Jesus calls his disciples? (The disciples put Jesus first OR the disciples' mission is to fish for people.)**
- 10. If we want to apply the Bible to our lives, what should we look for? (We should look for an example to follow or a promise from God.)**
- 11. What do the letters stand for in the "ACTS" prayer model? (A = adoration; C = confession; T = thanksgiving; S = supplication)**
- 12. What is adoration? (Adoration is praise and worship. It means telling God you love Him and praising Him for how wonderful He is.)**
- 13. What is confession? What does God promise to do if we confess our sins? (Confession is telling God the bad things you've done. If we confess our sins, He promises to forgive us.)**
- 14. What is supplication? (Asking God to meet your needs.)**
- 15. What should I do instead of worrying? (Pray! Give the problem to Jesus!)**