

### **Battlefield 3 (Anxiety) - Discussion Questions**

- 1. How does the devil attack us?**
- 2. What is anxiety?**
- 3. What does the Bible say about worry? See Philippians 4:6.**
- 4. Was Jesus anxious? Explain.**
- 5. The night before Jesus died, He told his followers He was leaving them a gift. What was it? See John 14:27.**
- 6. How does the world try to give us peace?**
- 7. We may feel anxiety if we're not at peace with God. Why is this?**
- 8. How can we find peace with God according to Romans 5:1?**
- 9. According to the video, why might believers experience anxiety?**
- 10. What positive things happen to us if we believe? See 2 Corinthians 5:21.**
- 11. What should Christians do if they sin? See 1 John 1:9.**
- 12. What should we do if our anxiety is coming from a problem? See Philippians 4:6-7.**
- 13. How should we pray about a problem?**
- 14. Have you ever let go of a problem and given it to God? What happened?**