#### So What? 4 Leader's Guide

See Bible study at bottom of page

- 1. Why is a believer's body called a temple? (It's a holy place where God himself lives through Holy Spirit.)
- 2. What price did God pay to make you His? (Jesus paid for you with his blood, sweat, tears, and suffering on the cross.)
- 3. What's wrong with drinking too much? (Your mind becomes foggy, confused. It can keep you from seeing right and wrong and can weaken your self-control.)
- 4. How does God feel about addictions? (He hates them!) Why? (He wants us free! He doesn't want us to be slaves or controlled by anything!)
- 5. Give a reason why people drink or do drugs. (To numb their pain)
- 6. How is alcohol like a poisonous snake? (It bites you and spreads poison into your soul!)
- 7. What are some results of overdrinking? (Fights, makes you mean, quarrelsome. You get loud, stumble. End up broke. Hurts you.)
- 8. How can God give you a buzz? (By filling you with his Holy Spirit! Makes you happy!)
- 9. What are 2 ways Christians can live? (Obeying Holy Spirit or obeying selfish desires)
- 10. What are the results of letting Holy Spirit guide your life? (Your life will have beautiful fruit like love, joy, peace, and self-control.)
- 11. What are the results of obeying your selfish desires? (Cheap sex, lust, porn, temper tantrums, hatred, angry quarrels, drunkenness.)
- 12. What's wrong with edibles? (They contain a much higher percentage of THC, chemical in pot.)
- 13. How can I get free if I'm addicted? can I get free if I'm addicted? (Say yes to Jesus and you'll and Holy Spirit's power in you. Ask God to forgive you for turning to alcohol/drugs instead of him. Get help and support from rehab or other resources.)

### So What? 4

## **Alcohol and Drugs**

## 1. 1 Corinthians 6:19-20 Who Is Holy Spirit

- Lives inside Christians!
- Given to Christians by God

#### Who Is God?

- Gives HS to believers
- Bought Christians with a high price (death of His Son)

#### Who Is Man?

- Your body is a temple of the Holy Spirit
- You don't belong to yourself
- Bought by God
- Must honor God with your body

# So What?

• Am I honoring, pleasing God with my body?

# 2. 1 Corinthians 6:12 Who Is Man?

- We have freedom. Are allowed to do anything
- Should not do things that are not good for you
- Can become a slave to things like alcohol
- Can choose not to be enslaved by anything, brought under its power and control

### So What?

- Am I choosing to do things that are harmful to me?
- Am I the slave of alcohol or drugs?

## 3. Proverbs 23: 29-35 Who Is Man?

- Will have trouble, sorrow, mental, physical pain if you drink too much v.29
- Will have fights and arguments if you drink too much v.29
- Will have bruises, bloodshot eyes if you spend long hours drinking v.29-30
- Look at red wine sparkling in the glass. Think it goes down smoothly v.31
- Drunk person is like someone bitten by poisonous snake v.32
- Drunk person has poison in their soul
- Drunk person will see strange sights, hallucinations v.33
- Drunk person will have confused mind, feel dizzy, stagger like sailor v.34
- Can become addicted. Want another drink after hangover. v.35

### So What?

God does not want me drunk!

### 4. 1 Peter 4:3-5 Who Is Man?

- Unbelievers waste time doing evil things
- They are sexually immoral, lustful, hold wild drinking parties, orgies
- They often get drunk
- They worship idols, demons
- Nonbelievers criticize new believers if they stop overdrinking, etc. v.4
- Nonbelievers will have to explain their drunkenness to God v.5

# Who Is God?

• Judges the living and the dead v.5

## So What?

• I will have to give an account to God for the choices I make in life.

# 5. Ephesians 5:18 Who Is God?

Tells us not to get drunk with wine

- Tells us drunkenness is rebellion, will hurt us spiritually, ruin our lives
- Tells us to get our buzz from being continually filled with Holy Spirit

#### 6. Galatians 5:16,17, 19-22 Who Is Man?

- Has 2 conflicting forces inside- sinful nature and the Holy Spirit v.16
- Has a sinful nature that wants to do evil v.17
- Holy Spirit in us wants to do what's right v.17
- If we give in to sinful nature we will: be sexually immoral, lustful, worship idols, get involved in witchcraft, anger, fights, jealousy, division, envy, drunkenness, wild parties, etc. v.19-20
- If we yield to Holy Spirit, we will have: love, joy, peace, patience, kindness, goodness, faithfulness, self-control. v. 22
- Won't inherit kingdom if we continually follow sinful nature v.21

## Who Is Holy Spirit?

Produces beautiful character qualities in our lives

## So What?

- Will I give in to my sinful nature or will I yield to Holy Spirit and let him produce beautiful fruit in my life?
- Greek word for drugs is same as sorcery/witchcraft. (Gal. 5:20) Drug use is demonic!