

Battlefield 4 – Discussion Questions

Negative Thinking

- 1. What are some things people often worry about according to Matthew 6:25?**
- 2. What does Jesus mean when he says that “life is more than food and the body more than clothing”? See Matthew 6:25.**
- 3. What does Jesus teach about birds in Matthew 6:26?**
- 4. How do people compare to birds in God’s eyes?**
- 5. Can worrying help you live longer? What does Matthew 6:27 mean?**
- 6. What does Jesus teach about flowers? See Matthew 6:28-30.**
- 7. What is the main reason for worrying according to Matthew 6:30b?**
- 8. Where does God want us to focus: on the past, present, or future?**
- 9. What does Jesus teach about worry in Matthew 6:34?**
- 10. In Matthew 7:9-11, Jesus compares God and parents. What do we learn about parents here? What do we learn about God?**
- 11. We have 2 choices in life- trusting ourselves or trusting God. What happens when we trust in ourselves?**
- 12. How does the Bible describe people who trust in God? See Psalm 1:3.**
- 13. How do we get rid of anxiety according to Philippians 4:6-7?**
- 14. How do we get rid of anxiety according to 1 Peter 5:7?**