

## For Girls Only – Discussion Questions

1. Do you feel any pressure from our culture to be perfect or beautiful?
2. What are some lies young women believe?
3. Do you compare yourself with other girls? In what ways?
4. How does God want us to think about ourselves?
5. Read 1 Samuel 16:7. Compare the way man looks at people with the way God sees them.
6. What does 1 Peter 3:3-4 teach about a woman's true beauty?
7. What are some qualities we can develop to become beautiful *inside*?
8. The video states that men are "visual" in a way that women are not. What does this mean?
9. How can women help men to resist sexual temptation?