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So What? 3 Leader's Guide

See Bible study at bottom of page

- 1. What does our culture believe about sex? (If it feels good, do it! Everyone does it. Doesn't hurt anyone.)**
- 2. What does God think about sex? About marriage? (Sex - is a beautiful gift. God created it, but it can be misused. It's for marriage. Marriage- is valuable. We should respect it. God likes commitment and promise.)**
- 3. Give some examples of sexual sin, according to the Bible. (Sex before marriage, adultery, pornography, homosexuality, incest, sex with animal.)**
- 4. How is sexual sin different from other sins? (Other sins are outside your body. Sexual sin is a sin against your own body, who you are.)**
- 5. What are some consequences of sexual sin? (Pregnancy, STDs, can harm your future marriage, breakups are more painful when sex is involved.)**
- 6. What negative things can happen when teens/college students get pregnant? (Depression, teens are not ready for responsibility, the father often abandons, education stops, poverty, homelessness. Abortion-guilt, shame.)**
- 7. What negative things can happen if you get an STD? (infertility, cancers, premature death, eye infections, lung disease, blindness, brain damage)**
- 8. What's the problem with porn? (Addiction. It's a selfish fantasy world. It keeps you isolated, treats women as worthless, and hinders real relationships.)**

9. What positive steps can you take to protect yourself from porn? (Move computer to a shared space. Get accountability software. Get help. Get prayer. Be accountable to a trustworthy person. Find healthy friends. Block porn on phone. Focus on faith and love.)

So What 3?

Sexual Sin

1. Hebrews 13:4 Who Is God?

- Wants us to honor and respect marriage, see it as valuable
- Wants faithfulness to marriage partner
- Will judge sexually immoral people who are single
- Will judge adulterous people (married who are impure)

Who Is Man?

- Need to respect marriage, have positive thoughts about it
- Need to be sexually pure before marriage
- Need to be faithful to one partner during marriage

So What?

- Do I have positive thoughts about marriage?
- God does not want me to be sexually active outside of marriage!
- If I get married, will I plan to stay faithful to that one person?

2. 1 Corinthians 6:15-20 Who Is Jesus?

- United with us in spirit. v.17
- Commands us to flee from sexual sin! v.18
- Bought us for a great price v.20
- Paid for us with his sweat and blood on cross v.20

Who Is Man?

- Our bodies belong to Jesus as his body parts if we believe v.15
- Must not join Jesus' body to a prostitute v.15
- If you have sex with a prostitute, you become part of her v.16

- Prostitute becomes part of us if we have sex with her v.16
- Believers are joined, united to Lord. v.17
- Believers become one spirit with Jesus v.17
- Commanded to run away from sexual sin v.18
- We sin against our own bodies when we sin sexually v.18
- Our bodies are temple of Holy Spirit. Holy of Holies. Sanctuary. v.18
- WE are HOLY. v.18
- We don't belong to ourselves v.19
- We should use our bodies to honor God, bring praise to God v. 20

Who Is Holy Spirit?

- Lives in believers v. 18
- Gift from God to believers. Given to us by God. v.19
- So What?
- Do I know that I belong to Jesus?
- Do I know that my body is holy?
- Am I sinning against my own body? Am I having sex in a wrong way?
- Do I use my body to honor God?

3. 1 Thessalonians 4:3-8 Who Is God?

- Wants believers to be holy, set apart from culture, pure v.3, 7
- Wants believers to stay away from all sexual sin v.3
- Does not want sexual misconduct. Does not want us to harm, entice other believers sexually, take advantage of them. v.6
- Fair. Carries out justice. Punishes sexual immorality. v.6
- Does not call us to uncleanness. Calls us to holiness v.7
- Gives believers Holy Spirit power to stay pure. v.8

Who Is Man?

- Can live pure lives. Can be unpolluted. v.3
- Can stay away from sexual sin. Can say NO! v.3
- Can control our own bodies. Need to have self- control. v. 4
- Can guard our sexual purity. v.4

- Believers may have lustful passions but don't need to give in to them v.5
- People who don't know God give in to lust v.5
- Could hurt other believers in matters of sex v.6
- Don't get away with sexual impurity v.7
- We can reject idea of sexual purity. We are rejecting God v.8

Who Is Holy Spirit?

- Empowers Christians to overcome sexual sin v.7

So What?

- Do I control my sexual passions and lusts? If I have Holy Spirit, I can!
- Am I tapping into Holy Spirit's power to stay pure?
- Am I trying to force another believer to have sex?
- Am I being rebellious and ignoring God's commands about purity?
- Do I live in fear of the Lord knowing that this sin has consequences?