

Walking in the Spirit Leader's Guide

See Bible study at bottom of the page.

- 1. What does it mean to walk in the Holy Spirit? (It means having an active, lively relationship with Holy Spirit - letting Him guide your life and lead you. It means obeying Holy Spirit and receiving His power to live.)**
- 2. What are the three persons of the Trinity? How are they all the same? How are they different? (Father, Son, and Holy Spirit. All are the same because all are GOD. All are separate persons - The Father is not the Son or the Spirit. The Son is not the Father or the Spirit. The Spirit is not the Father or the Son.)**
- 3. What are the three parts of a human being? (Body, soul, and spirit.)**
- 4. What is the soul? (The soul = mind, will, and emotions.)**
- 5. Why is your spirit dead if you are an unbeliever? (Ever since Adam and Eve sinned, the spirit of every person after them has been dead. We are all born as sinners.)**
- 6. What happens to your spirit when you say yes to Jesus? (Your dead spirit comes alive when you say yes. Holy Spirit joins with your human spirit and fills you with supernatural life.)**
- 7. There is a violent war inside believers. Where is the war located? (Our spirits are perfect, but the war is in our bodies and in our minds.)**
- 8. Two laws are at work in believers. One is the "law of sin and death". See Romans 8:2. What is it? (It's the inner pull and desire to do evil that leads to death.)**
- 9. A second law at work in believers is the "law of the Spirit of life". See Romans 8:2. What is that? (It is the power of the Holy Spirit that is joined to our human spirits if we believe.)**
- 10. Which of the 2 laws is stronger? Why? See Romans 8:2, 9, 11. (The law of the Spirit of life is stronger. Holy Spirit's power is stronger than the power of sin and death.)**

11. What choice do we have in the way we think? See Romans 8:5-6. (We can think about sinful things or beautiful, lovely things that please Holy Spirit. We can let our sinful nature control our minds OR give Holy Spirit control.)
12. What does Galatians 5:16-18 mean? (We can either follow Holy Spirit or our selfish desires. If we follow Holy Spirit, we won't do evil or yield to self.)
13. Three keys are mentioned in the video. #1 is talking to Holy Spirit. Explain. (This means having a minute-by-minute relationship with Holy Spirit. We tell him what we're struggling with and ask for help and power to overcome sin.)
14. Key #2 says that walking in the Spirit starts in the mind. What are some ways we can have positive thoughts? (Read the Bible daily. Stay away from bad TV, Internet, music, and books. We can find positive music, books, movies, etc.)
15. Key #3 states that "the old you is dead". What does this mean? (The old "me" died on the cross with Jesus. A dead person can't sin. I also rose from the dead with Jesus. I should think, "I'm dead to sin. I don't have to sin. I have resurrection life in me. I have the power to say no to sin.)
16. Give an example of how to say NO to your evil desires. (I have a thought that I want to watch porn or do drugs. I can cry out to God, tell Him that I'm being tempted. I can ask Him for His power to resist temptation. The power is available! I need to remember that I am dead to this evil! It's good to come up with a plan before the temptation happens. What positive activity could I do instead of porn? Who could I call to hold me accountable?)
17. What are some daily decisions you can make to obey the Holy Spirit? (You can choose to forgive, to apologize if you do something wrong. You can choose not to swear, get drunk, or watch porn. You can choose to read the Bible and pray.)
18. What kind of fruit is produced in your life if you obey Holy Spirit? See Galatians 5:22-3. (The fruit Holy Spirit produces is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.)
19. What should you do if you sin by getting angry or jealous? (You can confess your sin to God and ask for His forgiveness. You need to accept the forgiveness He offers.)

Walking in the Spirit Bible Study

1. Romans 8:1-14 Who Is God?

- Did what the law could not do – overcame sin, took away its power v.3
- Sent his own Son to earth as a human v.3
- Broke the power, control that sin had over us through Jesus' death v.3
- Is pleased when people are controlled by HS. v.8
- Is not pleased when people are controlled by their sinful nature v.8
- Raised Jesus to life! v.11

Who Is Jesus?

- Was fully human with a body like we have v. 3
- Gave his body as a sacrifice, offering to pay for sin v. 3
- Faced sin head-on. Bore the weight of our sins. Ended sin's control over us
- Was punished for our sins so we don't have to be punished
- Lives within believers v.10

Who Is Holy Spirit?

- Powerful! Gives life v.2
- Frees us from the power of sin that leads to death v. 2
- Leads us v.4
- Lives in all Christians v. 9, 11
- Makes our spirits alive. Life-giving! v.10
- Holy Spirit is powerful! Same power that raised Jesus from the dead is in us! v. 11.
- Breathes life into believers v. 11
- Gives us power to say NO to sinful desires. Gives us power to put them to death. v.13

Who Is Man?

- Believers belong to JC, are joined to Him (“in Christ”) v.1
- Believers are not guilty in God’s court. Won’t be punished. (No condemnation) v. 1
- Free from “law of sin and death” (the pull toward doing evil) v.2
- Have a weak sinful nature v.3
- Believers don’t have follow their sinful selves any more v.4
- Can actively follow the Holy Spirit, choose God’s guidance v.4
- We can meet God’s standards (“Requirement of the law”) by following HS
- The way we think determines the way we live. We have a choice! v. 5
- If we think only about what our sinful selves want, we will be controlled by our sinful nature v. 5
- We need to think about things Holy Spirit wants v.5
- If we let our sinful nature control our minds, it leads to death v.6
- If we let Spirit control our minds, we’ll find life and peace v.6
- Our sinful nature is against God, fights God. Won’t obey! v. 7
- We can’t please God when sinful nature controls us v. 8
- All Christians have HS living in them. Belong to Jesus. v. 9
- Christians have a new identity. They are not controlled by sinful nature v.9
- Nonbelievers don’t have HS living in them, don’t belong to Christ v.9
- Human bodies are temporary and will die because of sin v. 10
- Our human spirits come alive when we believe v.10
- Made right with God (righteous) because of Jesus’ death v.10
- Spirit of Resurrection lives in us! v.11
- We owe nothing to our sinful desires! There’s no reason to obey them, be ruled by them! v. 12
- If we live controlled by selfish desires (lust, greed, anger), it leads to spiritual death v.13
- We need to “put to death” the old selfish nature by HS’s power. If we do, we will have a joyous life. v.13
- We can choose to say NO to ourselves, die to self every day v.13

- We can make conscious decisions to reject sinful habits v. 13
- We are mature children of God (sons) if we are led by Holy Spirit v.14

So What?

- I don't have to be a slave to sin! Jesus died so I can overcome sin.
- My thoughts affect my actions. Do I intentionally focus on spiritual things?
- I don't have to live life alone. Holy Spirit is in me and gives me power!
- Do I have an active relationship with HS? Do I rely on Him for power?
- Am I accountable to anyone to help me say NO to sin?
- The same power that raised Jesus from the dead is available to me. Do I tap into it?